

Winter Indoor Track

This school year, Mountain Heritage High School offered a new sport. Winter (Indoor) Track has been incorporated into the athletic program. With the school getting a brand new track in 2009 there has been much interest from the students as well as from the community in utilizing the track to the fullest.

Returning from the spring track team and with the freshmen there were 16 students participating in the Winter Track program. It has taken the leadership and dedication from the participants as well as parent support to help get this new program off and running.

The athletes were only able to attend a select number of scheduled meets because some of the meets were cancelled due to the extreme cold weather. Some track athletes took advantage of high school meets held at colleges with indoor facilities such as ETSU, UNC Chapel Hill, and Liberty University.

Mountain Heritage was well represented this winter season in the shot put, the long jump and triple jump field events, the 55 M hurdles, the 55 M dash, 300 M dash, 500 M dash, 1000 M run, 1600 M run, and 3200 M run.

Conference was held on Wednesday, January 27 at Polk High School.

There are three athletes that have qualified for state finals to be held at UNC Chapel Hill on February 13. They are Casey Peterson in shot put with a qualifying throw of 47 feet, Bekah Hagerman in shot put with a throw of 32 feet, and Stuart Johnson in the 300 M dash with a qualifying time of 37.52. (Pennylane Buckner has also been submitted with the possibility of participating at the state meet with her best time of 9.69 in the 55 M hurdles.)